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Effect of CaCl₂ and GA₃ on shelf life of aonla (Emblica officinalis Gaertn) fruits

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Abstract

The Chakaiya variety of aonla was pre harvest sprayed with CaCl₂, GA₃ and their combinations. Full mature fruits were harvested and stored at ambient temperature (7.48-21.34°C). The findings suggest that fruits can be stored at ambient temperature for 5 days without any treatment whereas shelf life can be prolonged upto 20 days with 15.62 per cent decay retention of ascorbic acid, higher reducing sugar, non-reducing of the fruits. The lowest PLW, higher T.S.S., maximum CaCl₂+100 ppm GA₃ treated fruits.

Key Words: Emblica, aonla, pre harvest spraying, nutrients, shelf life.

Introduction

Aonla or Indian gooseberry (Emblica officinalis Gaertn) is one of the most important indigenous fruit of India. It is very hardy fruit which can be successfully grown in various agro-climatic and soil conditions on which usual fruit crops do not perform well. In addition to India naturally growing aonla trees have also been reported from Ceylon, Cuba, Hawaii, Florida, Iran, Iraq, Java, West-Indies, Trinidad, Pakistan, Malaya and China. It is one of the richest source of vitamin 'C' (500-700 mg/100 g pulp), minerals and phenolic compounds and well known for its neutraceutical and pharmacological properties (Chatterjee and Sil, 2007; Calixto et al., 1998) and is a wonderful antioxidant (Kumar et al., 2006). The famous Indian Ayurvedic medicines chyavanprash and Trifla are prepared from aonla fruits. It is processed into quality product such as preserve, pickle, beverage, powder, Jam, etc. Due to its nutritive, medicinal and antioxidant properties aonla fruits demand is increasing in processing, pharmaceutical and cosmetic industries subsequently the area under aonla cultivation is getting expansion in Indian states like Uttar Pradesh, West Bengal, Rajasthan, Gujraat, Haryana, Maharashtra, Chhatisgarh and even in Tamil Nadu. Quality fruits with longer shelf life are the requirement of processing industry. The foliar application of calcium chloride and GA, have very important role in increasing the shelf life of fruits. Earlier research shows that foliar spraying of micronutrients and plant growth regulators increased the quality and shelf life of the fruits, Singh and Vashistha (1999) and Srivastava (2003). Calcium compound have shown promise in the quality retention of fruits (Huber, 1983). The present investigation was conducted to find out the effectiveness of pre-harvest sprays of CaCl₂, GA₃ and their combinations on shelf life of aonla fruits at ambient storage.

Materials and Methods

The experiment was carried out on seventeen years old trees of aonla cv. Chakaiya planted under sodic soil conditions at Main Experiment Station of Horticulture Department, N.D. University of Agriculture & Technology, Kumarganj, Faizabad, Uttar Pradesh, during 2009-10. The experiment consists of nine treatments including calcium chloride, GA, & its different combinations as well as control. The spray solutions were prepared in water and few drops of alcohol were used to dissolve the GA, before mixing it in water and hair shampoo was used as sticker. The spraying was done on the randomly selected bearing trees by sprayer 25 days before harvesting the fruits. The water with sticker was sprayed on control. The fruit were harvesting at full maturity and stored in plastic baskets at ambient temperature (7.48-21.34°C) for storage studies. Two kg fruits from each replication of every treatment were harvested and mixed together thus 6 kg fruits were used in each treatment for storage studies. The observations were recorded at an interval of five days during storage. The experiment was laid out in complete randomized design with three replications. The physiological loss in weight was recorded on physical balance. The fruits started decaying

was isolated from the lot and their weight was recorded. The per cent decay loss was calculated against the initial weight of the lot. Total soluble solids was estimated with ERMA hand refractometer of 0-32% range and calibrated at 20°C whereas to determine acidity a known volume of sample was titrated against 0.1 N NaOH solutions using phenolphthalein as an indicator. Vitamin 'C' was estimated by titration of a known volume of sample in 3% metaphosphoric acid against 2, 6 dichlorophenol indophenols dye (A.O.A.C., 1970). Total phenols were extracted into 80% ethyl alcohol and colour was developed by adding phenol reagent and sodium carbonate solution. The colour was measured at 750 nm using spectrophotometer. The total phenols were calculated by the standard curve drawn with graded concentration of Gallic acid (Swan and Hills, 1959). The reducing, nonreducing and total sugars were estimated using Fehling's solutions method given by Lane and Eynon (1923) as described by Ranganna (1978).

Results and discussion

The physiological loss in weight among treatments significantly increased with the storage period. CaCl, (2%) + GA, (100 ppm) sprayed fruits showed lowest weight loss (16.28%), while fruits under control recorded the highest loss in weight (25.56%) at 20th day of storage (Table-1). This may be due to the role of calcium on limiting respiration which was attributed to altered membrane permeability (Bangerth, 1979). Bangerth et al. (1972) also reported that calcium could have reduced the endogenous substrate catabolism during respiration by limiting the diffusion of substrate from the vacuole to the cytoplasm and favoured the uptake of sorbitol, thus, disallowing its involvement in reactions related to internal breakdown. Similar results on reduction in weight loss by calcium chloride and GA, treatments were also reported in ber by Gupta et al. (1987) and in peaches by Bhullar et al. (1982).

The total soluble solids were significantly increased among all treatments with the storage period (Table-2). CaCl₂ (2%) + GA₃ (100 ppm) treated fruits had maximum T.S.S. content throughout the storage period in comparison to other treatments. Higher total soluble solids content in CaCl₂ (2%) + GA₃ (100 ppm) treated fruit was attributed to increase in dry matter accumulation particularly starch, which in turn broken down to simple sugars during maturation and ripening. (Upadhaya and Dixit, 1996) and Kumar et al. (2005) have also reported that CaCl₂ and GA₃ increased the T.S.S in aonla fruits which support the present finding.

The acidity was significantly influenced by CaCl, (2%) and GA, (100 ppm) there was an initial increase in acidity up to 5 days of storage and thereafter decreasing trend was observed till the end of storage (Table-3). An increase in acidity of initial stage might be due to biosynthesis of citric acid initially. Latter on decrease in acidity may be due to conversion of acids into sugars (Pool

et al., 1972). Similarly CaCl, and GA, have been found to increase and maintained higher acidity in guava Kher et al. (2004). The fruits pre harvest sprayed with CaCl, (2%) and GA, (100 ppm) retained the maximum ascorbic acid (725.9 mg/100g) than other treatments on the date of harvest (Table-4). Pre harvest spray of CaCl2 +GA, has increased the ascorbic acid that might be due to increased level of calcium in the fruits. The ascorbic content slowly decreasing in all the treatments without any significant change in the rate of decrease but retention was higher in CaCl, (2%) and GA, (100 ppm) treated fruits during storage in comparison to other treatments. The loss in ascorbic acid is due to rapid conversion of L-ascorbic acid into dehydro ascorbic acid in the presence of ascorbinase enzyme (Mapson, 1970) similar results on retention of ascorbic acid by CaCl, and GA, treatment were also reported in mango (Mukherjee and Srivastava, 1978).

The level of reducing sugar was higher on the date of harvest in fruits which were given pre-harvest treatments of CaCl₂ and GA₃ and their different combinations than control however maximum reducing sugar was recorded in CaCl₂ (2%) and GA₃ (100 ppm) treated fruits. This clearly indicates the treatment effect of reducing sugar content. Initially the reducing sugar was slightly increased up to 5 days (Table-5) but starts decreasing after 10 days of storage. The fruits treated with CaCl₂ (2%) and GA₃ (100 ppm) retained higher reducing sugar than other treatments. The initial rise in sugar content might be due to conversion of starch into sugars, while the subsequent decline was perhaps due to consumption of sugar for respiration. CaCl₂ and GA₃ are reported to protect reducing sugar in strawberry (Singh, et al. 2004).

Non-reducing sugar content of fruits did not differed significantly at harvest. However it was increased in all the treatments during storage upto 15 days thereafter started decreasing (Table-6). Pre-harvest spray of CaCl₂ (2%) and GA₃ (100 ppm) maintained highest level of non-reducing sugar followed by CaCl₂ (1%) and GA₃ (200 ppm) in comparison to control. The decreasing in non-reducing sugar in control was faster than in treated fruits. Calcium and GA₃ have also been reported to protect non-reducing sugar in litchi (Upreti and Kumar, 1996).

Similarly total sugar content was significantly highest in CaCl2 (2%) and GA₃ (100 ppm) treated fruits whereas fruits get other treatments also contains higher total sugar in comparison to control. Total sugars content initially increased but started decreasing after 15 days in all the treatments that was continued till the end of storage. (Table-7). It clearly showed the effect of treatments on level of total sugar content during storage of aonla fruits. Calcium and GA₃ are reported to protect total sugar in litchi (Rani and Brahmachari, 2002).

The total phenols were significantly higher in all treatments than control on the day fruit harvested and this difference continued up to 25th day of storage. Highest total phenol content was in fruit treated with CaCl₂ (2%) and GA₃ (100 ppm) in comparison to other treatments and was

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lowest in control. Total phenol increased till end of storage lowest in control.

(Table-8). Increasing in total phenol might be due to loss of (Table-8). Increase in dry matter accumulation. A total moisture and increase during storage of aonla fruits that scientists like Singh et al. (1993) and st phenol is reported like Singh et al. (1993) and Singh and by other scientists like Singh et al. (1993) and Singh and Kumar (2000).

The decay loss among treatments significantly increased with the storage period but CaCl₂ (2%) and GA, (100 ppm) treated fruits recorded the lowest decay loss (100 ppm) recorded the highest decay loss (Table-9), while control decay loss upto 5 days in all treatments. There was in (CaCl, 2% and GA, 100 ppm) treatments. However, in (CaCl, 2% after 20 days yet it was 15 62% after 20 days yet it However, in (5.62% after 20 days yet it was lowest among decay loss that The CaCl₂ and GA₃ appear to be enhancing shelf life by controlling decay loss due to increased Ca and GA, level in fruits. The decay loss by CaCl, application has also been controlled in grape (Ferguson et al., 1983).

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Table 1. Pre-partiest treatments effect on PLW (%) during ambient storage of aonia fruits.

Treatments	Days of storage							
	5	10	15	20	25			
T ₁ - Control (water)	3.33	9.05	17.61	25.56	31.48			
T ₂ -100 ppm GA ₃	3.04	7.58	13.76	20.46	25.71			
T3-1% CaCl2	2.42	6.75	12.51	18.45	23.62			
T ₄ -1% CaCl ₂ +100 ppm GA ₃	2.17	7.15	12.66	19.37	21.67			
T ₃ -1.5% CaCl ₂ +100 ppm GA ₃	1.92	6.22	11.10	18.49	22.16			
T ₆ -2% CaCl ₂ +100 ppm GA ₃	1.61	5.03	9.79	16.28	20.41			
T ₂ -50 ppm GA ₃ +1% CaCl ₂	2.66	8.23	13.29	18.40	22.30			
T ₈ -150 ppm GA ₃ +1% CaCl ₂	2.15	7.33	13.04	18.08	21.46			
Γ ₉ -200 ppm GA ₃ +1% CaCl ₂	2.12	6.69	10.06	17.53	21.53			
CD at 5%	NS	3.44	6.95	7.88	10.11			

Table 2. Pre-harvest treatments effect on total soluble solids (%) during ambient storage of aonla fruits.

Treatments		Days of storage						
	0	5	10	15	20	25		
T ₁ - Control (water)	8.73	8.97	9.37	9.73	10.07	10.37		
T ₂ -100 ppm GA ₃	8.77	9.03	9.67	10.43	11.23	11.33		
T ₃ -1% CaCl ₂	8.80	9.67	10.27	10.83	11.47	11.63		
T ₄ -1% CaCl ₂ +100 ppm GA ₃	8.83	9.70	10.47	10.70	11.63	11.73		
T ₅ -1.5% CaCl ₂ +100 ppm GA ₃	9.51	10.10	10.57	11.23	11.73	12.00		
T ₆ -2% CaCl ₂ +100 ppm GA ₃	1020	10.67	11.43	11.90	12.57	12.63		
T ₇ -50 ppm GA ₃ +1% CaCl ₂	8.97	10.07	10.73	11.30	11.77	11.90		
T ₈ -150 ppm GA ₃ +1% CaCl ₂	9.23	10.50	10.70	11.77	12.03	12.37		
T9-200 ppm GA3+1% CaCl2	9.70	10.57	11.13	11.83	12.23	12.53		
CD at 5%	0.25	0.26	0.21	0.21	0.27	0.31		

Table 3. Pre-harvest treatments effect on acidity (%) during ambient storage of aonla fruits.

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Treatments	Days of storage								
	0	5	10	15	20	25			
T ₁ - Control (water)	1.88	2.17	1.75	1.53	1.37	1.24			
T ₂ -100 ppm GA ₃	2.09	2.30	1.83	1.57	1.51	1.37			
T3-1% CaCl2	2.22	2.61	1.88	1.62	1.53	1.45			
T ₄ -1% CaCl ₂ +100 ppm GA ₃	. 239	2.68	1.92	1.73	1.62	1.53			
T ₅ -1.5% CaCl ₂ +100 ppm GA ₃	2.56	2.72	2.13	1.74	1.65	1.57			
T ₆ -2% CaCl ₂ +100 ppm GA ₃	2.85	2.94	2.30	1.88	1.75	1.66			
T ₇ -50 ppm GA ₃ +1% CaCl ₂	2.26	2.60	1.83	1.70	1.61	1.51			
T ₈ -150 ppm GA ₃ +1% CaCl ₂	2.43	2.68	1.88	1.72	1.62	1.53			
T ₉ -200 ppm GA ₃ +1% CaCl ₂	2.72	2.85	1.92	1.75	1.67	1.57			
CD at 5%	0.15	0.18	0.35	0.15	0.17	0.17			

Table 4. Pre-harvest treatments effect on ascorbic acid (mg/100 g) during ambient storage of aonla fruits.

Treatments			Days of s	torage		
30 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	0	5	10	15	20 .	25
T ₁ - Control (water)	663.67	636.73	577.37	508.40	448.07	421.37
T ₂ -100 ppm GA ₃	697.63	675.80	631.17	579.60	492.47	465.50
T ₃ -1% CaCl ₂	706.36	685.03	661.67	590.50	530.37	479.03
T ₄ -1% CaCl ₂ +100 ppm GA ₃	710.70	695.33	668.73	603.67	544.33	486.93
T ₅ 1.5% CaCl ₂ +100 ppm GA ₃	717.93	699.60	676.20	618.23	559.23	499.60
T ₆ :2% CaCl ₂ +100 ppm GA ₃	725.90	707.63	682.60	631.60	572.13	538.00
T-50 ppm GA3+1% CaCl2	709.27	688.10	660.20	601.23	542.50	480.63
T ₈ -150 ppm GA ₃ +1% CaCl ₂	715.73	698.43	670.87	617.10	554.33	495.80
T _g ·200 ppm GA ₃ +1% CaCl ₂	720.10	705.41	678.33	624.33	566.57	514.70
CD at 5%	3.69	3.94	6.84	5.89	8.13	32.98

Table 5. Pre-harvest treatments effect on reducing sugar (%) during ambient storage of aonla fruits.

Table 5. Pre-harvest treatments effect	Days of storage							
Freatments	0	5	10	15	20	25		
T ₁ - Control (water)	2.10	2.21	1.97	1.91	1.73	1.57		
T ₂ -100 ppm GA ₃	2.45	2.57	2.30	1.99	1.90	1.70		
T ₃ -1% CaCl ₂	2.64	2.73	2.37	2.06	1.91	1.80		
T ₄ -1% CaCl ₂ +100 ppm GA ₃	2.87	3.11	2.57	231	2.03	1.82		
T ₅ -1.5% CaCl ₂ +100 ppm GA ₃	2.91	3.19	2.70	232	2.15	1.87		
T ₆ -2% CaCl ₂ +100 ppm GA ₃	2.97	3.28	2.87	2.43	2.41	2.17		
T ₇ 50 ppm GA ₃ +1% CaCl ₂	2.61	2.91	2.57	2.11	2.00	1.80		
T ₈ -150 ppm GA ₃ +1% CaCl ₂	2.67	3.11	2.62	2.23	2.25	1.91		
T ₉ -200 ppm GA ₃ +1% CaCl ₂	2.94	3.24	2.73	2.37	2.33	2.10		
CD at 5%	0.42	0.20	0.22	0.22	0.11	0.28		

Table 6. Pre-harvest treatments effect on non reducing sugar (%) during ambient storage of aonla fruits.

			Days	of storage		
Treatments	. 0	5	10	15	20	25
T ₁ - Control (water)	2.03	2.34	2.64	2.72	2.56	2.37
T ₂ -100 ppm GA ₃	2.32	2.53	2.93	3.11	2.92	2.87
T ₃ -1% CaCl ₂	234	2.55	3.12	3.27	2.89	2.83
T ₄ -1% CaCl ₂ +100 ppm GA ₃	2.38	2.57	3.10	3.44	3.02	2.99
T ₅ -1.5% CaCl ₂ +100 ppm GA ₃	2.43	2.60	3.15	3.55	3.22	3.15
T ₆ -2% CaCl ₂ +100 ppm GA ₃	2.48	2.62	3.27	3.78	3.31	3.22
T ₂ -50 ppm GA ₃ +1% CaCl ₂	2.37	2.57	2.99	3.35	3.15	3.10
T ₈ -150 ppm GA ₃ +1% CaCl ₂	2.41	2.59	3.18	3.62	3.21	3.12
T ₉ -200 ppm GA ₃ +1% CaCl ₂	2.45	2.61	3.21	3.76	3.28	3.23
CD at 5%	0.32	0.19	0.27	0.36	1.16	0.46

Table 7. Pre-harvest treatments effect on total sugar (%) during ambient storage of aonla fruits.

Treatments		Days of storage						
	0	5	10	15	20	25		
T1-Control (water)	4.13	4.55	4.61	4.63	4.29	3.94		
T ₃ -100 ppm GA ₃	4.77	5.18	5.23	5.17	4.82	4.57		
T,-1% CaCl2	4.98	5.35	5.49	5.38	4.89	4.63		
T ₄ -1% CaCl ₂ +100 ppm GA ₃	5.17	5.19	5.67	5.75	5.05	4.79		
T ₅ -1.5% CaCl ₂ +100 ppm GA,	5.34	5.75	5.85	5.87	5.37	5.02		
T ₆ -2% CaCl ₂ +100 ppm GA ₃	. 5.45	5.89	6.14	6.17	5.72	5.39		
T ₇ -50 ppm G A ₃ +1% CaCl ₂	4.98	5.48	5.56	5.34	5.05	4.90		
Ta-150 ppm GA3+1% CaCl2	5.08	5.68	5.83	5.85	5.46	5.03		
T,-200 ppm GA3+1% CaCl2	5.39	5.83	5.94	6.13	5.61	5.33		
CD at 5%	0.46	0.59	0.49	0.59	0.26	0.74		

Table 8. Pre-harvest treatments effect on total phenol (mg/100g) during ambient storage of aonla fruits.

Treatments			Dayso	fstorage		
	0	5	10	15	20	25
T1- Control (water)	146.33	152.00	159.67	165.67	173.33	182.33
T ₂ -100 ppm GA ₃	153.00	161.33	168.67	175.33	181.67	185.00
T3-1% CaCl2	154.67	164.00	171.00	176.33	183.33	190.67
T4-1% CaCl2+100 ppm GA,	160.33	167.67	174.00	179.67	187.33	195.00
T ₃ -1.5% CaCl ₂ +100 ppm GA ₃	164.00	170.37	176.00	182.00	190.67	197.33
T ₆ -2% CaCl ₂ +100 ppm GA,	170.67	178.00	186.67	195.67	203.00	210.67
T,-50 ppm G A,+1% CaCl2	159.00	165.00	172.33	176.33	185.33	192.33
T ₁ -150 ppm GA ₃ +1% CaCl ₂	162.33	168.33	175.00	180.33	187.33	193.33
T,-200 ppm GA,+1% CaCl2	167.67	176.33	182.00	190.67	197.67	206.33
CD at 5%	1.51	1,55	1.84	1.36	1.68	2.78

Table 9 Pre-harvest treatments effect on decay loss (%) during ambient storage of aonla fruits.

			Days of store	age	
Treatments	5	10	15	20	25
T1-Control (water)	00	6.29 (2.61)	15.03	27.05	41.31
T2-100 ppm G A,	00	5.02 (2.35)	12.75	20.50	32.25
T,-1% CaCl,	00	3.04 (1.88)	11.41	19.88	28.58
T1% CaCl2+100 ppm GA,	00	00 (0.71)	8.04	17.59	26.38
T3-1.5% CaCl2+100 ppm GA3	00	00 (0.71)	6.85	16.66	25.47
T2% CaCl2+100 ppm GA3	00	00 (0.71)	4.21	15.62	22.89
T1-50 ppm G A3+1% CaCl2	0.0	3.57 (2.02)	11.58	18.92	27.77
T1-150 ppm G A3+1% CaCl2	0.0	00 (0.71)	7.14	17.91	25.20
T,-200 ppm G A3+1% CaCl2	00	00 (0.71)	6.07	15.67	24.54
CD at 5%		0.03	1.73	1.93	1.73

Note-Transformed data ($Y = \sqrt{x + \frac{1}{2}}$) are shown in parenthesis.